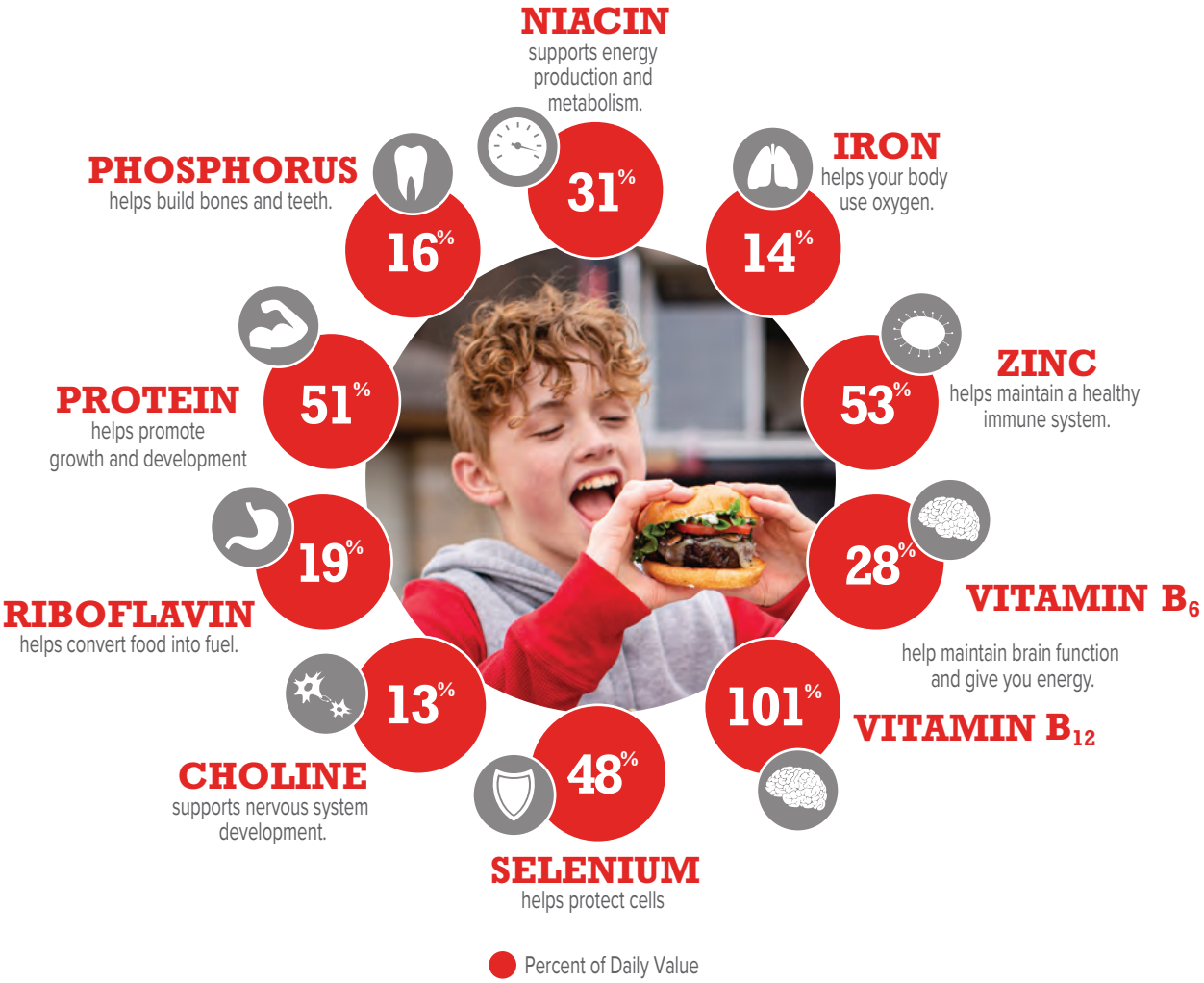
NIACIN
supports energy production and metabolism.
31%
IRON
helps your body use oxygen.
14%
ZINC
helps maintain a healthy immune system.
53%
VITAMIN B6
help maintain brain function and give you energy.
28%
VITAMIN B12
101%
SELENIUM
helps protect cells
48%
CHOLINE
supports nervous system development.
13%
RIBOFLAVIN
helps convert food into fuel.
19%
PROTEIN
helps promote growth and development
51%
PHOSPHORUS
helps build bones and teeth.
16%
Percent of Daily Value