Protein Researchers Available For Interviews

To schedule an interview, please contact:
Julie Sodano at 303-850-3376, jsodano@beef.org
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Nancy Rodriguez, PhD, RD
Professor, Nutritional Sciences
Director, University of Connecticut Sports Nutrition Programs
University of Connecticut

Dr. Nancy Rodriguez is a Professor in the Department of Nutritional Sciences at the University of Connecticut. Her research program in nutritional physiology focuses on amino acid metabolism and protein utilization with application to clinical, pediatric and sports nutrition.

She is a member of the American Society for Nutrition Sciences, the American Dietetic Association, the American College of Sports Medicine and the American Physiological Society.

Dr. Rodriguez received her BS in human nutrition and food from Virginia Polytechnic Institute and State University, her MS in human nutrition and PhD in biochemistry from West Virginia University. Dr. Rodriguez completed her post-doc in nutritional physiology and endocrinology from the Mayo Clinic.

Doug Paddon-Jones, PhD
Associate Professor
Department of Physical Therapy, Allied Health Sciences and
Department of Internal Medicine, Division of Endocrinology
Director of Exercise Studies, General Clinical Research Center
The University of Texas Medical Branch

Dr. Douglas Paddon-Jones is an Associate Professor in the Department of Physical Therapy, Allied Health Sciences and the Department of Internal Medicine, Division of Endocrinology and the Director of Exercise Studies at the General Clinical Research Center at The University of Texas Medical Branch. His current research efforts focus on the following areas:

- Muscle loss in aging populations
- Simulated microgravity and prolonged inactivity
- Muscle protein catabolism following trauma and stress
- Protein and amino acid supplementation

His research utilizes sophisticated stable isotope methodology to focus on mechanisms of skeletal muscle protein synthesis and breakdown in humans and identification of interventions to prevent muscle loss. His research has led to more than 30 publications in the past four years and is supported by several grants from the NIH, NASA and industry groups.

Dr. Paddon-Jones' research program broadly focuses on inactivity-induced changes in muscle protein metabolism and includes specific projects examining muscle loss with aging and developing targeted nutritional strategies to prevent muscle loss in at-risk populations.

Robert R. Wolfe, PhD
Professor of Geriatrics and Director of the Center for Translational Research in Aging and Longevity
University of Arkansas for Medical Sciences

Dr. Robert Wolfe is currently a Professor of Geriatrics and the Director of the Center for Translational Research in Aging and Longevity at the University of Arkansas for Medical Sciences.

The focus of Dr. Wolfe's research is the regulation of muscle metabolism, particularly as affected by aging and stressors such as injury, sepsis and cancer.

Dr. Wolfe has received a number of awards and invited lectureships in recognition of his work. He received the Herman award from the American Society of Clinical Nutrition for his career contributions in the field of clinical nutrition. He is a previous winner of the University of Texas Medical Branch outstanding faculty research award. He has published more than 380 peer-reviewed papers, 100 review articles and three books.

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