

CATEGORY: CULINARY ARTS

Health professionals, including registered dietitians, have become increasingly interested in the culinary arts as food and nutrition are closely associated. Sessions within this category cover a variety of culinary-focused topics, including recipe development and cooking techniques.

Culinary Demonstrations and Food & Beverage Pairings

- Beef-centric demonstrations
- Beef and beverage pairings

Recipe Development and Cooking Techniques

- Recipe Development
- Recipe Testing
- Beef-centric preparation
- Understanding Beef Cuts

Meal Planning and Family Meals

- Quick and efficient meals
- Diversifying the menu
- Promoting family mealtime