

## **CATEGORY: CULINARY ARTS**

Sessions within this category showcase how to bring food to life in the kitchen, using beef as an example, through recipe development, tasty pairings, and food photography. These sessions can also be tailored to include tips on how to cook for those with specific dietary restrictions related to various disease states. Additionally, these sessions can incorporate live cooking demonstrations for the audience upon request.

### **Culinary Demonstrations and Food & Beverage Pairings**

- Beef-centric Culinary Demonstrations
- Food Photography
- Beef and Beverage Pairings

### **Meal Planning and Family Meals**

- Quick and Efficient Meals
- Diversifying the Menu
- Promoting Family Mealtime

### **Recipe Development and Cooking Techniques**

- Recipe Development and Testing
- Beef-centric Preparation
- Understanding Beef Cuts



Funded by Beef Farmers and Ranchers