

CATEGORY: SUSTAINABLE NUTRITION

Sustainability is becoming an increasingly important topic in today's nutrition conversation. With the global population projected to reach 9.8 billion by 2050, the relationship between nutrition and sustainability has never been more intertwined. Sessions included in this category can address the collective human challenge of sustainably feeding the world, food production and food waste, and strategy integration between food, nutrition, and agriculture.

Food and Nutrition Trends

- FAD Diets, Current Food and Nutrition Trends
- Plant-based Proteins and Plant-based Diets

Food Production and Environmental Nutrition

- Beef Labeling: Organic, Natural, and Grass-Fed
- Beef's Role in a Healthy, Sustainable Diet
- Cattle's Role in Upcycling Protein
- Modern Agriculture and Farming Practices
- Reducing Food Waste

Nutrition Research and Mass Media

- Ethical and Legal Considerations
- Science Fact or Science Fiction: Sorting Evidence from Emotion



Funded by Beef Farmers and Ranchers